

DIVANI ATHENS SPA & THALASSO CENTRE



Opening Hours:

Monday to Friday 10:00 till 22:00

Saturday 10:00 till 20:00

Sunday 11:00 till 19:00

A la Carte Services at Divani Athens SPA & Thalasso Centre 2010



Facial Aesthetic Cares

Basic Cares

The “Apollon” Ritual of purity (90 min 100€)

This is a customized cleansing treatment that purifies all skin types.

Mask 02 Marine – Oxygenating Care (90 min 105€)

A treatment for dull, polluted, sluggish or stressed skins. It increases oxygen absorption for a brighter and clearer skin.

Seaweeds – Rebalancing Mask (90min 105€)

This is a treatment for oily combination skin. Deep cleansing and purifying, rebalances the sebaceous secretions.

Specific Cares

Hydra Moisture Treatment (60min 95€)

This is an intensive treatment for dehydrated skin, rough to the touch in places. The skin is replenished, suppler, softer and smoother. It restores the skin comfort.

Cold Marine mask – Special care for sensitive skins (60min 95€)

Consisting of a soothing clay mask and creamy milk, this treatment is the haven of relaxation for sensitive skin. Well known for its instant cool decongesting effect and for its soothing formulation, it leaves the complexion fresh and luminous.

Aromaderm Facial (essential oils) (60min 95€)

This is a customized aromatherapy treatment for total relaxation. Suitable for all skin types

St. Barth Freshness (90min 140€)

Facial and Décolleté Treatment with Hand Massage and Fresh Papaya Mousse as well as Pineapple or cucumber Mousse. Luxuriate in an intensively relaxing and refreshing treatment of face, neck, décolleté and hands. The impact of the high-quality skin care products with natural vitamins and minerals is enhanced by freshly prepared fruits. The natural freshness on the skin, harmonized with wonderfully delicate Caribbean fragrances, will sweep you away to an exotic world. Your skin takes on a visibly clear, smooth and fresh appearance. A nourishing hand massage with the scent of bourbon vanilla, delicate lily or Caribbean tiare flower adds the crowning touch to the well-being experience.

St. Barth Pureness (90min 110€)

Facial and Décolleté Treatment with Hand Massage

Luxuriate in an exceptionally gentle treatment of face, neck, décolleté and hands. Enjoy the fresh fragrances of natural elixirs reminiscent of a colorful Caribbean basket

This especially tranquil, pampering treatment will assist you in reaching a state of deep relaxation. The high quality, botanical based care products with natural vitamins and minerals have an intensive cleansing effect and stimulate the skin's natural functioning. Your skin takes on a clear, smooth and fresh appearance. The gentle treatment is rounded off with a nourishing hand massage.

Thalgo Skin Perfection (60min 95€)

The passing time and harsh external conditions can damage your skin. With each session of this treatment your skin regains its natural beauty. On the surface it is smoother, suppler and softer. Its heightened cell renewal also allows it to combat wrinkles and the loss of firmness more effectively. Your skin will look unbelievably plumped up and radiant

Thalgo Men (60min 95€)

Intensive care treatment for cleansing and hydrating specially designed for male skins. The therapy is addressed to men over 30 who wish to have a clean and fresh face.

Terre & Mer (60min 100€)

This is the first organic treatment by Thalgo. Softness, hydration and comfort will be the watchwords of this treatment, which puts your skin completely at rest

EYES CONTOUR TREATMENT

Collagen – Mask for eyes (40min 75€)

This hydrating treatment with native marine collagen helps prevent the appearance of wrinkles and fragile thin skin. Recommended for the treatment of crows feet and dehydrated eyelids.

Hi-Tech Cares

Wrinkle Control – Smooth Decrease (75min 110€)

The New Thalgo concept with Hyaluronic acid for lines and wrinkles definition

Bio Marine Warm facial treatment (60min 95€)

A complete replenishing facial treatment with Ω fats for really dry skin

Collagen Mask (75min 110€)

A luxurious treatment for moisture deficiency, fine lines and wrinkles. Ideal for sun damage and dehydration skin type. The ultimate pampering treatment with instant results.

Elixir Exceptional Mask (Thalgo's new exclusive anti-aging method) (75min 130€)

An intensive treatment that works on all the signs associated with ageing by using an extract rich in Natural Algae Hormones. Treats moisture deficiency, fine lines and wrinkles.

Thalgogive – Firmness care (75min 130€)

A spectacular tailor-made firming treatment featuring marine pro-collagen and specific actives selected according to the morphology of your face, depending on whether your need is refining and firming or plumping and detensifying. After just one session, your skin appears rejuvenated and radiant, while your facial contour appears firmer and more defined

Brightening Range (60min 100€)

The sun does not reserve its harmful rays for the beach: eating on a terrace, walking in town or even driving in our car. This treatment enables the skin to regain its natural whiteness and radiance and therefore the perfect flawless complexion of childhood.



Terrake Facial Treatments

Precious Earth - Face Anti-Ageing (60min 110€)

You enter into communion with the original substance which relieves tension, smoothes and restructures. Wrinkles, time and mood lines abate while a deep relaxation lights up your face.

Breath of Pure Air – Fresh Detoxifying Mask (60min 105€)

The pure pleasure of being in contact with mountain plant extracts for a deep purification. Your skin emerges fresh and glowing, as after a long walk in the mountains.

Rare Essence - Face Nutrition (60min 110€)

A lotion with bamboo extracts for moisturising, a mask with fruit butters and floral waxes to nourish and regenerate...Your skin is velvety, nourished, luminous and plumped up.

Origins of the Sea - Face Hydration (60min 105€)

The exquisite freshness of volcanic lagoon water revives your face. Your senses are renewed through the Origins of the Sea which nourishes and recharges them.



Manual Massages

The “Apollon” Massage (75min 150€)

A combination of the best massages of our Thalassotherapy Centre. Hot Stone massage, Bamboo massage, Reflexology massage and head massage.

Californian Modelling Massage (25min 75€, 50min 100€)

This manual treatment is based on specific modelling movements on the whole body, respecting a relaxing protocol for a maximal relaxation.

Relaxing & Reflexology massage essential oils (25min 75€, 50min 100€)

This treatment is based on a specific manual therapy, which brings maximum relaxation optimised by the calming effects of the essential oils.

Relaxing Massage “4 Hands” (25min 100€)

Relaxing massage with essential oils, performed by two therapists for ultimate relaxation

Indian Massage (25min 75€, 50min 100€)

This Ayurvedic massage of Indian origin is a global resourcing massage. It allows you to clear your muscles of all forms of tension, in turn creating mental relaxation. The practitioners realise a protocol which comes from an ancestral knowledge, called Abyanga method.

Lymphodrainage massage (45min 100€)

This massage is applied to your lymphatic system. Soft, slow and regular pressure creates an efficient draining effect on the circulation, particularly in cases of oedema and cellulite.

Egyptian Massage (25min 75€)

This original massage is based on a traditional Egyptian treatment, which uses a natural sponge, the Loofha, for a light and relaxing scrub combined with a relaxing massage.

Asian Massage (50min 100€)

This massage of oriental origin is mixing the different arts of Asiatic people. This original protocol is based on the Shiatsu, Thai and Korean methods. It stimulates several energy points in your body and stimulates the flow of your vital energy. Depending on the points stimulated, the treatment brings revitalising and relaxing effects.

Bamboo Massage (50min 110€)

This brand new massage combines advanced hand man oeuvres (to rub, oppress and gently squeeze), with the skilful use of bamboo sticks to achieve a deep state of relaxation and a major detoxification of the body. Large warm bamboos heat up the kidney and unwind the lower back. Large, fresh bamboos, applied by successive touch and waves on the feet and legs, stimulate and ease all circulations (blood and lymphatic) to enhance the elimination of toxins and metabolic wastes. Mid size bamboos roll over tensions to unwind specific knots on the back, the rib cage, shoulders and neck. They are also used to activate energy points along the meridians with Ayurveda – style frictions. This bamboo sticks stimulate the blood circulation with a progressive and euphonizing drumming.

Hot Stones Massage (50min 125€)

This new version of the world – acclaimed Stone Massage, takes the sensations and effects one big step forward!

Warm and fresh stones of different sizes are applied on specific spots of the body to facilitate the harmonious flow of fluids and energy. Stones become a natural heat and energy provider. With the help of big round stones, the therapist “sculpts” and smoothens the curved lines of the body, with a toning action on the waist and thighs for slimming effects.

Silk Massage (Hammam and Egyptian massage & Silk Massage) (90min 160€)

A new luxurious treatment that leaves the skin refreshed, voluptuous and soft as silk. After a Hammam that will release tensions and toxins, the skin is gently scrubbed with a fruit-acid based-cream, for a state of the art cleansing effect. A relaxing and balancing massage follows in a candle light atmosphere with scented talc.

Shiatsu Massage (50min 120€)

This is an ancient practice – a Japanese version of the Chinese acupressure massage that follows the body’s energy lines. It acts by re-establishing the equilibrium of the body’s energy and setting in motion its own mechanisms of defence and recovery. It restores the patient physically, reenergizing to achieve greater inner peace, physical well being and powers of concentration.

Thai Massage (60min 120€)

Thai massage is believed to have been developed more than 2,500 years ago in India. Thai massage is more energizing and rigorous than more classic forms of massage. It is also called Thai yoga massage, because the therapist uses his or her hands, knees, legs, and feet to move you into a series of yoga-like stretches

Facial Massage (25min 80€)

Relaxing, Hydrating, Stress relief facial massage including the décolleté

Reflexology Massage (25min 75€)

A specialized massage with particular technique where the therapist uses his hands and applies pressure in particular points of feet thus creating a balance in the nervous system. According to Chinese medicine, the sensory nerves of the internal organs that spread throughout the body are mainly gathered around the soles of the feet. Therefore, this massage is effective in stimulating the functions of the internal organs.

Head Massage (25min 75€)

This is an enjoyable and relaxing massage of head which offers spiritual relaxation and calmness

Therapeutic Massage (25min 75€)

This is a specialized treatment for body healing after traumas or muscular problems.

St. Barth Harmony (60min 110€)

Enjoy a relaxing, gentle massage with intensive care products specially tailored to your needs. Choose pure, slightly warmed coconut oil for intensive conditioning of especially dry skin, cold pressed avocado oil to support the functioning of particularly delicate skin or ivy gel and menthol oil for strengthening tissue and skin layers. To round off the experience let yourself be pampered with a touch of the Caribbean. Select your favourite body lotion with cold pressed avocado oil and the fragrance of pure bourbon vanilla, the Caribbean tiare flower or the especially feminine scent of the lily.

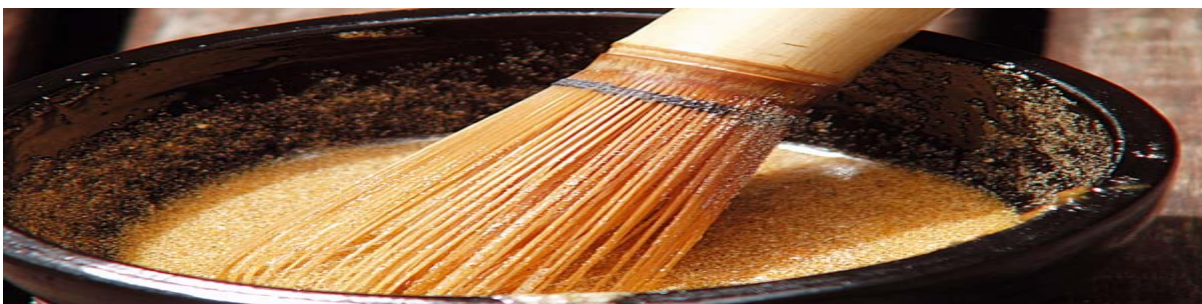
St. Barth Slimming (25min 80€)

For rapid relief and relaxation of heavy legs, for instance after extended periods of sitting, standing or after long flights, or simply for beautiful, slim legs.

Our ivy gel releases blockages and drains excess water while strengthening the veins and stimulating the lymphatic system. Menthol and camphor promote micro circulation, refresh and revitalise. As finish, let your legs be pampered with a touch of the Caribbean. Select your favourite body lotion with cold pressed avocado oil and the fragrance of pure bourbon vanilla, the Caribbean tiare flower or the especially feminine scent of the lily.

Relaxing Session on Well System Water Massage Bed (dry area) (30min 45€)

Very relaxing treatment. After an application of marine actives, the body lies on a warm waterbed, which provides a massage session of the whole back and the legs.



Sea Water Hydro Massage Baths

Hydro Massage Bath

This treatment is provided in a bathtub and it consists of an emulsion of air and hot seawater. It encourages the oxygenation of tissues and brings an overall sensation of relaxation. This bath is also a progressive massage carried out by several jets directed at different parts of the body. This treatment relaxes the muscles and joints and stimulates blood circulation. Essential oils, mineral salts, micronized seaweeds could be added to these natural seawater bath. Chromotherapy program is a specific treatment in option with this bath. It uses the calmness power of the light and the relaxing capacity of the primary colours.

Aromatic Seawater Hydro massage bath with essential oils (20min 55€)

Sea Water hydro massage bath with marine mineral salts (20min 55€)

Sea Water hydro massage bath with Chromotherapy program (20min 55€)

St. Barth Dream (20min 55€)

Relaxing and intensely nourishing beauty baths based on our extra mild shower & bath gel in combination with coconut-vanilla, avocado tiare, coconut, lily or your own favourite mixture of exotic oils and lotions. Enjoy a Caribbean fragrance delight which supplies the skin with an enduring source of valuable minerals and vitamins. This luxurious beauty bath will give your skin a long-lasting, velvety shimmer.

Submarine Shower in Sea Water Bath (30min 55€)

This treatment is provided in a bathtub and combines the beneficial effects of a hot bath, with those of massage by stimulating the blood circulation. This shower relaxes your body and relieves pain.

Affusion Shower & Massage under shower

Calming and Relaxing massage, where you lie under a fine shower of hot water. The calming and toning-up effect of the massage is enhanced by a fine shower of hot water. This treatment will free your body from all types of tension and improve the quality of your sleep. Can be performed by one therapist or by two therapists for more intense effects

Affusion Shower (30min 50€)

Relaxing Massage under Affusion shower (30min 70€)

Relaxing four hands massage under manual affusion shower (30min 100€)

Hydro Jet Shower (15min 50€)

A hydro therapist directs a seawater jet of adjustable intensity all over your body, particularly in areas requiring special treatment. It is a deep massage, relaxing the muscles and stimulating the blood and lymphatic circulation

Algotherapy or Sea Weeds application with Chromotherm method (30min 60€)

A new generation of seaweeds application is coming. You are installed in the Chromotherm machine and your entire body is covered with a layer of hot algae, optimising the penetration of trace elements. The seaweeds application is combined with steam bath, including chromo therapy and aromatherapy treatments. The treatment finishes with a relaxing seawater affusion shower. The therapy offers remineralising, slimming and an analgesic effect on the body.

Seawater Hydromassage with Thalaxion method (20min 60€)

This method proposes an association of press therapy and frigitherapy principles combined with seawater Hydromassage. This “up to date” treatment uses the seawater as a support for blood and lymphatic circulation problems as well as heavy legs problems. It is a very efficient treatment for cellulite problems and slimming programs.

MULTIFUNCTIONAL THALASSOTHERAPY POOL

Analytic Jet Session in the aqua gym swimming pool (under water jet pool session) (Mon – Fri 45€, Sat & Sun 50€)

The Submarine jet massage positioned in the main Thalassotherapy Pool, completed by simple exercises, makes your body more supple and tones up your muscles. This treatment takes place in a special program with under jets. It leads to immediate relaxation massages and drains the body deep down.



BODY CARES (Beauty Centre Area)

Enveloping Wraps and Scrubs

Specific Marine Cares

“Marine Prelude” Thalgo’s Scrub (60min 95€)

This luxury exfoliating remineralising treatment features a combination of purifying natural marine mud and marine salts. This therapy is the perfect complement to the Aromaceane body wrap.

Classic Algotherapy or Seaweeds application (30min 70€)

The entire body is covered with a layer of hot algae, optimising the penetration of oligo-elements. The action may be remineralising, revitalising or slimming, depending on the type of algae used. It creates a remineralising, slimming and analgesic effect on the body.

Aromaceane Slimming (60min 95€)

This treatment is a personalised body wrap that combines the effectiveness of essential oils with natural marine mud. Specific manual techniques, a reflex activity massage, followed by effleurage techniques add to the effectiveness of this THALGO treatment.



Terrake Body Treatments

Mineral Sculpt - Body Firming (60min 105€)

This is an effective treatment for a resculpted body, redefined by deep massages.

Total Hand Mineral Treatment (90min 150€)

An absolute hydrating and relaxing treatment

Snow Breeze– Body Detoxification (90min 130€)

Delicious blend of hot and cold sensations. Your body rediscovers a feeling of well-being. Deeply detoxified, your skin breathes again and rediscovers its glow and smoothness.

Liana Contour - Body Figure (90min 150€)

Spicy plant wrap to sculpt and refine the figure. The harmony of a slim and slender figure, like a liana.

Marine Wave – Relaxing Water - Body Hydration (90min 150€)

The caress of a soft freshwater shower mixed with calming strokes, the freshness of an aquatic wrap.



Cosmetic Treatments

Thalgo Mince LC24 (60min 95€)

Localised Thalgo mince enveloping wraps with the advanced component LC24. This is an intensive treatment for localized cellulite, slackened skin and stretch marks on the hips, legs, thigh and buttock area. Recommended as a course for maximum results

Mer &Sens (80min 150€)

Thalgo has created this treatment combining both face and body which is based on minerals and their interaction with the marine environment and all its treasures. It is linked to stability, to what endures over time. It refers to what moves the least and encourages deep relaxation. Stones, themselves are made up of minerals, draw their origin from different environments. Some come from marine depths, where they are smoothed by the constant movements of the waves. Other stones come from the depths of the earth and have reached the sea as a result of volcanic activity.

Indoceane – Orient Serenity (90min 120€)

Stress is not a disease, but a natural response by the body to adapt to changes, because work, pollution and daily life take an increasing toll on the body, you need to renew your energy levels regularly! In response to your quest for “better being”, Thalgo has crossed the seas and oceans to harness the serenity and relaxing powers of the Orient and create a true Vital Relaxation Initiation ritual. Featuring a sweet and savoury scrub, a unique massage and a gorgeous sublime wrap, you will feel totally and utterly relaxed.

Cleopatra’s Bath (20min 55€)

Cleopatra has been for centuries the symbol of elegance and natural beauty. Immerse in Cleopatra's bath and experience unique bathing ritual. The therapy consists of a precious milk bath Hydromassage for body hydration

St. Barth Softness (30min 85€)

Relaxing peeling massage for velvety soft and smooth skin. The fruit enzymes in fresh papaya, natural yoghurt and a special sea-sand polish complex enriched with minerals remove dead skin cells. Pure coconut oil provides lasting care for the skin while pampering it with valuable nutrients. This is the ideal base for an especially long lasting and even tan.

St. Barth Elasticity (30min 90€)

This is a body mask with Clay and Pineapple or Cucumber mousse. It is an intensive body care to improve the appearance of the skin with valuable minerals and vitamins as natural components of clay and fresh pineapple or cucumber mousse. Ivy, menthol and camphor activate and strengthen body tissue while cold- pressed avocado oil supplies important nutrients. The result is visibly smoother and tighter skin.

St. Barth Sensation (50min 100€)

This is a luxurious body mask with pampering relaxation massage. The pampering body mask provides the skin with an intensive moisture boost and is a pleasure for all the senses. Select your favourite scent: bourbon vanilla, delicate tiare flowers or exotic lily. A creamy, silky mask is gently applied to your entire body to supply your skin with intensive nutrients and lipids from high quality plant oils. The absorption of the mask is intensified by a wonderfully fragrant relaxing massage as a finish. Your entire skin takes on a visibly improved appearance and velvety smooth texture.

Ocean Memory (135min 170€)

A wonderful way of letting go and at the same time, an intensely energising treatment programme, this sensorial sea voyage reveals all the magic of the ocean bed. Plunge into the heart of the ocean and ultimately emerge in a burst of vitality and well-being.

Slim & Sculpt Expert (90min 170€)

An extremely targeted treatment redefines the figure zone by zone, with the utmost precision.

A double innovation for double efficacy: “express slimming in 14 days and “cellular contraction” to develop your cells’ muscles and re-sculpt your body. Your skin recovers its tone and your body its ideal measurements.



Other Specific Electrotherapy Treatments – Dry Area

Pressotherapy Session (50min 95€)

The legs benefit from this mechanical massage which works by alternating pressure and relaxation in order to improve the circulation and bring a feeling of lightness to your legs. A lotion made from algae is also applied on the lower limbs to stimulate the circulation while bringing an immediate and long lasting sensation of lightness and freshness

Depressotherapy System (Thalgo shaper or Cellu M6 system) (35min 90€)

This treatment associates the principle of “palpate and roll” massage with a suction technique. Especially efficient in the treatment of cellulite, this massage is also used for skin and scar care.

It is recommended to book a package for this therapy in order to achieve better results

6 appointments at 485€

12 appointments at 910€



Gym & Aerobic - Personal Training by Appointment

Fitness Area (60min 55€)

Aerobic Area (60min 55€)

Jet Vibe (35€)

Fitness Area

Supervised Fitness Session (40€)

Aerobic Area, Aqua

Pilates, Yoga, Stretching, Aqua Gym all supervised (40€)

Hamмам – Simple Session (40€)

Sauna – Simple Session (40€)

Solarium (5min 20€, 10min 30€, 15min 40€)

Nutritional Consultancy

Personal nutritional slimming program (55€)



Other Aesthetic Treatments

Treatment Manicure & Pedicure

- The “Apollon” Manicure (45min 60€)
- Basic Manicure (30min 40€)
- French Manicure (45min 45€)
- The “Apollon” Pedicure (60min 80€)
- Basic Pedicure (45min 45€)
- French Pedicure (60min 50€)
- Orchid mask for Hands (15min 15€)
- Parafine Wellness for Hands (10min 20€)
- Parafine Wellness for Feet (15min 25€)
- Antiaging & Rejuvenating serum for hands (5min 15€)
- Antiaging & Rejuvenating serum for legs (10min 18€)
- Aromaderm for legs (30min 60€)
- Nail Polish for Hands (5min 20€)
- Nail polish for feet (5min 20€)
- Make up (30min 60€)

Waxing

- Full leg (50€)
- Half leg (40€)
- Full Arm (40€)
- Half Arm (35€)
- Bikini (35€)
- Brazilian Waxing (45€)
- Back (45€)
- Chest (20€)
- Lip (20€)
- Chin (55€)
- Full Face (20€)
- Eyebrow (20€)
- Underarm (25€)



SPA ETIQUETTE

- Please arrive 15 minutes before your treatment. When late the duration of the treatment will have to be reduced. Regrettably we have to charge for appointments not cancelled 24 hours in advance.
- Prior to your treatment, you will be requested to complete a medical evaluation form.
- You will be given a locker room along with a bathrobe, towel and slippers.
- Please remove all jewelry and clothing, leaving on your undergarments or swimsuit. For some treatments you will be provided with disposable undergarments by your therapist. If your treatment involves water therapy you are required to take a shower and wear a swimsuit.
- For your safety and convenience, we recommend that you leave your valuables at home. Lockers for storage are provided, however we regret that we cannot be responsible for loss or damage of personal articles.
- During treatments, please let your therapists know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm. Your comfort and care is our outmost important priority.
- If you have a particular injury or physical condition, please explain it to the therapist. They can suggest appropriate adjustments to the treatment for your comfort.
- There is no pressure to talk during a treatment. It is entirely up to you. If you have any questions or would like to talk, certainly do so. The therapists will take their cues from you. If you are quiet they will be too.
- Mobile phones are not permitted in the Spa treatment rooms. This is the time for your body and mind to release the worries and stresses of the day.
- The Divani Apollon Spa & Thalasso Centre is an adult oriented environment, therefore we are not able to accept appointments for children under the age of sixteen (16).
- Because we are concerned about your health and beauty, as well as our environment, our Spa is smoke-free.
- We hope you enjoy this interlude of pampering and relaxation.



The Boutique

Our qualified beauticians will take time to recommend the treatments most suited to your skin complexion and your personality.

In order to prolong the benefits of the therapies you have chosen during your stay at Divani Athens Spa and Thalasso Center our beauty team will be happy to advise you on the wide range of Thalgo's & St Barth's products and treatments.

In our boutique you will also be able to find unique perfumes of Burberrys and St. Barth as well as the well known products of Molton Brown.

We hope you will enjoy the experience!

