

HISTORY OF AFTERNOON TEA

According to the legend, one of Queen Victoria's (1819-1901) ladies-in- waiting, Anna Maria Stanhope (1783-1857), known as the Duchess of Bedford, is credited as the creator of afternoon teatime.

Because the noon meal had become skimpier, the Duchess suffered from "a sinking feeling" at about four o'clock in the afternoon.

At first the Duchess had her servants sneak her a pot of tea and a few breadstuffs.

Adopting the European tea service format, she invited friends to join her

for an afternoon meal at five o'clock in her rooms at Belvoir Castle. The menu centered around small cakes,

bread and butter sandwiches, assorted sweets, and, of course, tea. This summer practice proved so popular,

the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for "tea and a walking the fields."

The practice of inviting friends to come for tea in the afternoon was quickly picked up by other social hostesses.

傳統英式午茶的由來

在英國維多利亞時代(西元1840年), 貝德芙公爵夫人安娜瑪麗亞(Anna Maria)女士, 每到下午時刻就意興闌珊、百般無聊, 心想此時距離穿著正式、禮節繁複的晚餐Party還有段時間, 可是又感覺肚子有點餓; 於是就要女僕在她的起居室準備幾片烤麵包、奶油以及茶, 吃完後她覺得這樣的下午茶實在是相當完美的點心。後來, 安娜女士就開始邀請知心好友們在她的起居室加入她的下午茶會, 伴隨著茶與精緻的點心, 同享輕鬆愜意的午後時光, 沒想到一時之間, 在當時貴族社交圈內蔚為風尚, 名媛仕女趨之若鶩; 直到今天, 已儼然形成一種優雅自在的下午茶文化, 也成為正統的『英國紅茶文化』, 這也是《維多利亞下午茶》的由來。

**To give us therefore great pleasure
To follow the traditional of English Afternoon Tea**

Savouies

Smoked Duck Breast Sandwich 法式煙燻櫻桃鴨胸三明治

Organic Soft-Boiled Egg with Caviar 有機水波蛋佐魚子醬

Premium Prawn with Tomato Salsa 鮮甜蝦佐蕃茄莎莎醬

Smoked Salmon and Vegetables Crepe Roll 燻鮭魚蔬菜薄餅捲

Sweets

Orange Danish 心型橘子丹麥

Ginger Chocolate mousse 巧克力薑味慕斯

Strawberry puff 草莓泡芙

Chef's Selection of French Pâtisserie 主廚精選甜點


Strawberry Scone with whipped Cream and Strawberry Jam

草莓司康襯現打奶油及草莓果醬

NT\$520 Per Person / 每位

All price are subject to 10% service charge 以上價格需另加一成服務費





Dessert 甜點
English Scone
Strawberry Jam and Whipped Cream
精選風味思康
\$60

Waffle of the Day
經典鬆餅
\$120

coffee 咖啡
coffee, iced coffee, espresso
咖啡 冰咖啡 義式濃縮咖啡
\$160

cappuccino, iced cappuccino, caffè latte, decaf coffee, caffè americano
卡布其諾 冰卡布其諾 拿鐵 低咖啡因咖啡 美式咖啡
\$180

specialty tea 茶
chocolate mint truffle
巧克力薄荷松露
darjeeling choice estate
莊園大吉嶺
organic earl grey
有機伯爵茶
orange dulce
香橙茉莉
organic detox infusion
有機康福茶
green tea tropical
熱帶綠茶
ginger twist
薑花茶
white orchard
果香白毫
fruit iced tea
冰水果茶
iced lemon tea
冰檸檬紅茶
\$180

mediterranean inspired drinks(non-alcoholic)

地中海風味飲料(無酒精)

pomegranate paradise
石榴天堂
mediterranean fizz
地中海香味
spanish rose lemonade
西班牙玫瑰檸檬汁
\$190

juice 果汁

orange, apple, tomato, grapefruit, carrot
柳橙汁 蘋果汁 蕃茄汁 葡萄柚汁 紅蘿蔔汁
\$200

soft drinks 氣泡飲料

coke, diet coke, coke zero, sprite, fanta, ginger ale
可樂 低卡可樂 零卡可樂 雪碧 芬達 薑汁汽水
\$150