

# Elilai Spa by Mandara at Palau Pacific Resort

Open 10 am to 9 pm daily

## Packages of Mandara

**Milky Way Escape** 140 mins \$270  
Escape the Milky Way in privacy of your own Spa Villa. This luxurious package begins with a refreshing peppermint foot ritual followed by an aromatic coco body scrub to soften the skin and prepare it for the detoxifying white body mud – enjoy a relaxing scalp massage while we wrap you in a comforting Spa cocoon. Next luxuriate in a Milky Way bath soak and finish up with a muscle melting warm stone massage.

**Ultimate Indulgence** 140 mins \$260  
An exotic, luxurious and unforgettable celebration of indulgence. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath or Herbal steam ~ Mandara Massage ~ Refresher Facial ~ Foot Massage.

**Harmony** 110 mins \$170  
A delightful package that will leave you looking refreshed and radiant. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage or Pure Nature Facial.

**Nirvana Massage** 80 mins  
**With Mandara Massage** \$150  
**With Balinese Massage** \$95  
Floral Footbath ~ Aromatherapy Floral Bath or Steam Shower ~ herbal tea and cookies ~ Massage.

**Spa Sampler** 80 mins \$120  
Experience the pleasure of relaxation with this combination of Balinese Massage and your choice of Refresher Facial or Foot Massage.

## Face of Mandara

**Decléor Brightening Facial** 90 mins \$140  
For uneven skin tone, this treatment is designed to brighten and even out the complexion by preventing and neutralising the appearance of dark patches. Moisturising and anti-ageing agents are used to re-establish the skin's natural glow, leaving your skin brighter and more radiant.

**Elemis Skin Specific Facial** 60 mins \$95  
Specialised Eastern massage movements help to stimulate and oxygenate your skin, whilst bringing the body and mind into balance. The four prescribed facials are:

**Fruit Active Glow** ~ a great pick-me-up and pre-occasion treat to lift dull, lifeless skin.

**Herbal Lavender Repair** ~ helps to heal and repair congested oil-rich skins.

**Exotic Cream Moisture Dew** ~ for dry, thirsty skin in need of a hydrating surge.

**Absolute Lift** ~ helps to improve skin tone, revitalise and add lift to the skin.

**Pure Nature Facial** 50 mins \$65  
Mandara Spa's signature facial is rich in enzymes that can peel away dead skin, antioxidant vitamins to protect and treat the cells from environmental (and self-induced!) pollutants and natural oils for deep nourishment. There are three options for different skin types  
**Preserve** ~ a cleansing and rejuvenating facial for normal skin types.  
**Renew** ~ a fruit acid treat for environmentally damaged skin.  
**Enrich** ~ a nourishing facial for dry or mature skin.

## Body of Mandara

**Mandara Massage** 50 mins \$140  
Not to be missed, never to be forgotten. Our signature treatment, performed by two therapists working together, is a unique blend of five different massage styles -Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese.

**Indian Head Massage** 50 mins \$95  
This shoulder, neck, upper back, arm and scalp massage is based on the ancient healing system of Ayurveda. Deep thumb and finger pressure, friction and soothing strokes help to reduce tension, improve circulation and flush out physical and emotional toxins. Using pure coconut oil, this treatment will also nourish the hair. Immensely pleasurable and rejuvenating.

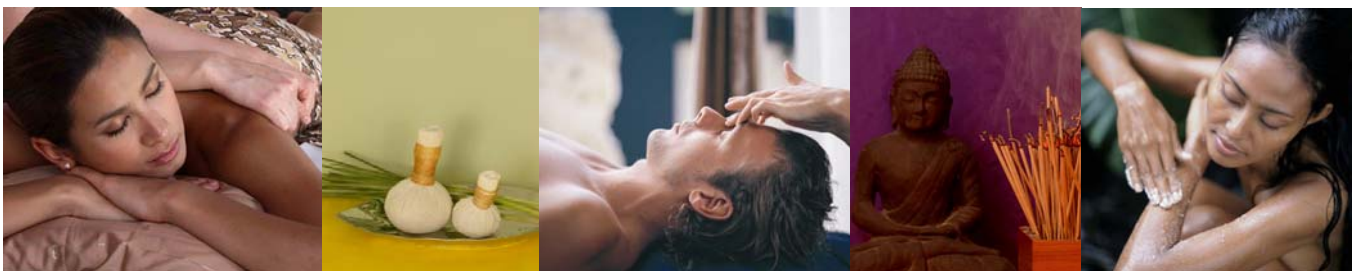
**Balinese Massage** 80 mins \$136  
50 mins \$85

This traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. A deeply relaxing path to health and harmony.

**Fancy Foot-work** 50 mins \$85  
The most blissful ride your feet will ever take you on. It's reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

## More of Mandara

Foot Spa 50 mins \$50  
French Manicure 50 mins \$45  
Hand Spa 50 mins \$40



Please arrive 15 minutes before your spa treatment is scheduled to begin.

All prices are quoted in US Dollars. Rates are subject to change.

For reservations, please call +680 488 2600 extn 493. Published 03/09

  
Elilai Spa  
By Mandara

Transcend. Transform. Trust the moment.